



TUNZ National Invitational Championships 2017

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Welcome to the TUNZ National Championships

Dear Instructors:

It is with great pleasure that we invite you and all your members to participate in the 2017 TUNZ Invitational National Championships.

The tournament is expected to attract competitors from Taekwondo clubs throughout New Zealand.

We are sure that this year's TUNZ National Championship will be a fair and successful tournament as in previous years, and that with your input, it will be an event to remember.

Yours in Taekwondo

Grant Beel

President TUNZ

Information Brief

Tournament Director:	Staci Knox
Contact Number:	021 028 794 73
Email:	tunznationals@gmail.com
Venue:	Te Rauparaha Arena, 17 Parumoana Street, Porirua.
Date:	Saturday 30 th September 2017 – Sunday 1 st October 2017
Registration Closing Date:	5pm Tuesday 19 th September 2017
Times:	Doors will open on Saturday morning at 8am only for competitors who need to weigh in. Other competitors and parents can enter after 8.30am. The event will commence at 9.30am. Sunday morning the doors will open to teams and the public at 8am with the event commencing at 9am
Events:	WTF Kyorugi, WTF Poomsae, Traditional Poomsae, & Jumping Front Kick.
Eligibility:	Open to all invited WTF/ITF Taekwondo athletes regardless of affiliation.

Time Line

September - October 2017	Details
September 5 th	Early Bird Registrations close 5pm.
September 10 th	No more cheque payments will be accepted, internet banking only.
September 19 th	All registrations close 5pm. All pre order for shirts close.
September 22 nd	Player list distributed to instructors. This list will outline uncontested players or players requiring match plays. Instructors must advise the organisers of any errors (such as weight or age of players).
September 25 th	No further changes permitted to the player list.
September 26 th	The WTF Poomsae draw will take place at 6pm. The result will be sent out to all instructors via email.
September 29 th	6pm-9pm weigh in at Capital City Taekwondo club
September 30 th	Weigh-in 8am-9.30am. Doors open to teams and the public 8.30am. Event to commence at 9.30am
October 1 st	Doors open to teams and the public 8am. Event to commence at 9am.

Eligibility

The Tournament is:

- Open to all **invited** WTF/ITF grades from white belt with yellow tip (9th Geup) upwards.
- Open to all **invited** WTF/ITF Style Taekwondo clubs regardless of their affiliation.

Entry Fees and Payment

Clubs must complete the team list, and have all competitors complete their individual forms. Both documents must be sent to the organisers prior to registration closing date (19th September).

For club entries ONE PAYMENT via internet banking will be required in advance for the full amount due for the club's entries.

Cheques will be accepted up until 10th September, again, one cheque per club entry.

Individuals are welcome to register if their club will not be attending, by completing the individual form and meeting the registration closing date.

Details for the payments will be detailed under payments on page 14.

Early Bird Event Pricing (closes 5.00pm 5th September 2017)

Events	TUNZ Member		Non-TUNZ Member	
	Adult	Youth	Adult	Youth
First event (e.g. sparring, individual poomsae)	50.00	40.00	65.00	55.00
Second event (e.g. sparring plus individual poomsae)	70.00	60.00	85.00	75.00
Third event (e.g. sparring plus individual poomsae plus pairs poomsae)	70.00	60.00	85.00	75.00
Jumping Front kick	Koha	Koha	Koha	Koha

Event Pricing After 5th September

Events	TUNZ Member		Non-TUNZ Member	
	Adult	Youth	Adult	Youth
First event (e.g. sparring, individual poomsae)	65.00	55.00	80.00	70.00
Second event (e.g. sparring plus individual poomsae)	85.00	75.00	100.00	90.00
Third event (e.g. sparring plus individual poomsae plus pairs poomsae)	85.00	75.00	100.00	90.00
Jumping Front kick	Koha	Koha	Koha	Koha

Spectator Entry Fee

Persons not on the team list (which will include valid officials) will require payment to enter. If you are not on the list you are required to pay entry fee.

Cost of Admission: \$5 adults, \$2 children between ages 5-15 years old, under 5s free.

There will be a charge for entry on **both** days.

Time Table of Events (subject to entry numbers)

Friday 29th September	
6pm-9pm	Weigh-in – at Capital City Taekwondo Club Address: Avalon Public Hall, 14 Mabey Road, Avalon.

Saturday 30th September	
7.00am	Doors open, Officials arrive and set up of mats and electronics
8.00am – 9.30am	Weigh-in (only competitors who need to weigh in and those who are competing in Poomsae are permitted entry at 8.00am)
8.30am	Team and spectators entry
9.00am	Poomsae starts with senior belts through to colour belts. Coaches briefing with TD will occur. Officials briefing.
9.30am	Black Belts sparring will start, moving down to the junior belts
1.00pm – 2.00pm	Lunch for officials.
2.00pm	Competition continues.
5.30pm	Event concludes for the day, will be continued on day 2.

Sunday 1st October	
7.00am	Doors open, Officials arrive and check of mats and electronics
8.00am	Team and spectators entry
9.00am	Competition continues.
11.00am	Jumping Front kick competition will begin, Koha entry.
12.30pm – 1.30pm	Lunch for officials.

1.30pm	Competition continues.
3.00pm	North vs South, National vs International sparring competition.
4.00pm	Event concludes (depending on the number of entries)

Please note: ALL blackbelt competitors are required to be there for both days, as there will be a North vs South sparring match, and a National vs International Sparring match held on the Sunday after all other fights have been completed. This will happen before the medal ceremony is held at the end of the day.

Kyorugi – Sparring Information

All Senior Black belt sparring Divisions will be in a round robin format if your division has less than 4 fighters in it. This decision will be made when all entries are in, and will be highlighted in the draw as a round robin division.

Kyorugi Competition Rules

- WTF Competition Rules will apply to Kyorugi. A complete copy of the WTF Competition can be downloaded from the link below:
<http://www.worldtaekwondofederation.net/wp-content/uploads/2017/01/WTFCompetition-Rules-Interpretation-Nov-15-2016- Burnaby-Canada.pdf>
- Protest cards will only be used in Black and Red belt divisions.
- There will be no video review. Review will be consensus between Judges, referee and TD.
- Ages are as per WTF Rules, where the age is determined as at 31st December 2017. For example a person born in 2008 will be deemed to be age 9, regardless of whether they are born on the 1st of January or the 31st of December.

Coaches for Kyorugi

Coaches must be identified on the team entry form, and as such they will be provided with accreditation. Only accredited coaches will be permitted entry into the access to the official “Marshaling area” and Kyorugi courts.

Coaches are expected to behave in a respectful manner to players and officials at all times. Only one warning will be issued to a coach if their behavior is deemed unacceptable. Upon receiving a second warning, that coach will have their accreditation removed and thus will no longer be permitted to act as a coach for the remainder of the tournament.

It is the coach’s responsibility to ensure their player is ready to commence their fight. It is highly advisable that coaches ensure their players have transitioned into the official Marshaling area at least 4 fights in advance of their fight number.

A maximum of two (2) calls to the field of play will be given. If a player is not ready with their coach, at the commencement of their fight the fight will be cancelled. No match play will be provided.

A coaches' briefing will occur 30 minutes prior to the start time of competition. Coaches are required to attend briefings. During this briefing only the process of the day and rule clarifications will occur. This meeting will not provide opportunity to make match plays or changes to the draw.

Kyorugi Coloured Belt Divisions

Every effort is made to match players based on the weight, height, grade and age as submitted on the entry form. All details on the entry form are to be checked by the Club Instructor to ensure that the competitor can be entered into the correct division.

Instructors will be contacted if there is no suitable competitor available, and to have a discussion on what options maybe available to provide a completion for the competitor.

Safety Equipment

Sparring athletes must wear WTF full colour chest protector, groin, shin, arm and head guards (matching colour or white) and gloves.

Blue, Red and Black belt divisions require Daedo electronic foot protectors. The organisers will provide the electronic chest guards to use. The links to internet sites that sell the Daedo electronic foot protectors are below:

<http://www.daedoaustralia.com.au/>

<http://www.mooto.com.au/>

Mouth guards are compulsory for everyone and must be white or clear.

Equipment checks

To ensure smooth transition of fighters and to ensure we have a safe tournament, each competitor will be required to pass through the official equipment inspection area.

Players must arrive wearing all their safety equipment ready for their fight, this includes groin guard (under their dobok) in preparation for inspection. Players will only be passed through to the marshalling area once they have passed the equipment inspection.

Marshalling area

Only accredited coaches will be permitted entry into the official marshalling area and Kyorugi courts. There will be plenty of space in this area to allow players to stay warm and continue with pad work with their coaches.

Players will be sat on their court immediately when the fight prior to them has started. Seats will be provided for up to three fights in the bus area per court. The purpose of this is to ensure no time is wasted between fights while waiting for players to get ready.

Both players and coaches are to listen and follow the instructions of the Marshalling area coordinator to ensure they don't miss their fight. Players will only be called two times, and if they don't report to the Marshalling coordinator, they will be disqualified.

Weigh-In for Kyorugi competitors

It is the responsibility of each Instructor to check the weight, height, age and grade of their competitors, and to ensure the entry forms are completed correctly. After this it then becomes the responsibility of the player to make the correct weight for the division that they have been entered into. Failure to make weight will lead to disqualification.

All Kyorugi competitors are required to weigh-in. There will be two opportunities for competitors to weigh-in, either Friday night from 6pm – 9pm at the Capital City Taekwondo Club, or Saturday morning from 8.00am – 9.30am at the venue. The address for the club hall is listed in the time table of events at the top of the entry pack.

If a competitor fails to make weight they will have 30 minutes to make weight. If a competitor is concerned about their weight, they should weigh-in early, as weigh-in will close at 9pm for Friday night weigh ins, and at 9.30am for those who weigh in on Saturday Morning (for ALL weigh-ins including extra time for weigh-in).

If you choose to weigh in on Friday night, you **will not** be weighing in on the Saturday. So please ensure that you make the weight division that you have registered for. If you do not make weight on Friday night, including the extra time that we allow, you will be disqualified.

Please note: Players failing to pass the weigh-in WILL be disqualified. Any competitor required to weigh-in that failed to do so will be disqualified.

Head Kicks

When the NO HEAD KICK rule applies, a head kick, intentional or through lack of caution, will be treated as attacking the head (with the fist or the hand). The appropriate penalties Gamjeom (deduction point), or disqualification will apply.

Division	Age	Yellow Tip	Yellow/Green	Blue	Red	Black
Youth	Under 11	No	No	No	No	No
Cadet	12-14yrs	No	No	Optional	Yes	Yes
Junior	15-17yrs	No	Yes	Yes	Yes	Yes
Open	17+	No	Yes	Yes	Yes	Yes
Masters	35+	No	Yes	Yes	Yes	Yes

Kyorgui Divisions (Weight in Kilograms)

Youth 5 to 11yrs - Born 2011-2005										
Girls and Boys										
Over	-	18	21	24	27	31	35	40	45	50
Under	18	21	24	27	31	35	40	45	50	

Cadet 12-14yrs – Born 2005 to 2003										
MALE										
Over	-	33	37	41	45	49	53	57	61	65
Under	33	37	41	45	49	53	57	61	65	
FEMALE										
Over	-	29	33	37	41	44	47	51	55	59
Under	29	33	37	41	44	47	51	55	59	

Junior 15-17yrs – Born 2000 to 2002										
MALE										
Over	-	45	48	51	55	59	63	68	73	78
Not exceeding	45	48	51	55	59	63	68	73	78	
FEMALE										

Over	-	42	44	46	49	52	55	59	63	68
Not exceeding	42	44	46	49	52	55	59	63	68	

Open or Masters 17yrs+ (Divisions determined based on entries)										
MALE										
Over	-	54	58	63	68	74	80	87		
Not exceeding	54	58	63	68	74	80	87			
FEMALE										
Over	-	46	49	53	57	62	67	73		
Not exceeding	46	49	53	57	62	67	73			

Poomsae Information

Poomsae Competition Formats

This year we will be providing a number of opportunities to allow for both good competition and development opportunities to those new to Poomsae competition.

There is an opportunity to compete in a WTF style competition. This is recommended for anyone wishing to pursue International tournaments or participate in the Poomsae World competitions. There is also the traditional Poomsae competition where competitors are advised in advance of the tournament of the required Poomsae.

For Traditional Poomsae, pairs and teams of any gender mix. However, WTF Poomsae Pairs must be mixed gender and Teams are single gender.

Determining Age

Ages are as per WTF Rules, where the age is determined as at 31st December 2017. For example a person born in 2008 will be deemed to be age 9, regardless of whether they are born on the 1st of January or the 31st of December.

Traditional Poomsae

Traditional poomsae is a different division to WTF division. Each competitor will be required to perform two patterns.

Preliminary and Semi finals will only apply if entries exceed 9 athletes; otherwise it will be straight final (as per WTF rules).

Coloured belts will perform the two patterns identified in the Poomsae list below.

Belt Level	Pattern 1	Pattern 2
White (10-9 Kup)	Basics 1	Basics 1

Yellow (8-7 Kup)	Il Jang (1)	E Jang (2)
Green (6-5 Kup)	E Jang (2)	Sam Jang (3)
Blue (4-3 Kup)	Sa Jang (4)	Oh Jang (5)
Red (2-1 Kup)	Yuk Jang (6)	Chil Jang (7)

Black belts will perform Koryo as the first Poomsae and the second will be of the player's choice. The Poomsae must be announced to the Judging Panel immediately prior to the beginning. Selection of the second Poomsae must be from the range as described by WTF (see WTF Poomsae list) and appropriate to the individuals age division.

Traditional Poomsae – Pairs & Teams

A pair may consist of two of mixed or same gender competitors within the same grade. A team can have mixed or same gender and must have a minimum of three members. There are no age restrictions for these divisions (i.e a family team of 2 children and 1 adult is permitted).

For either competition there will be a compulsory Taegeuk and the second Taegeuk is of the pair/teams choice. Selection of the second Poomsae must be from the range as described below:

- Grade 8 to 6, Taegeuk 1 is compulsory as the first of the two patterns. Taegeuk 1 may not be performed twice. Only Taegeuk 1 to 8 may be performed.
- Grade 5 to 3, Taegeuk 4 is compulsory as the first of the two patterns. Taegeuk 4 may not be performed twice. Only Taegeuk 1 to 8 may be performed.
- Grade 2 to 1, Taegeuk 6 is compulsory as the first of the two patterns. Taegeuk 6 may not be performed twice. Only Taegeuk 4 to 8 may be performed.

WTF Poomsae – Black Belt Only

The WTF Division poomsae (including individuals, pairs and teams), will follow WTF rules with the following exceptions:

- Preliminary and Semi Finals will occur if entries exceed 9 athletes.
- WTF Cut off system semi-final: When 9 to 19 contestants are participating;
 - competition shall start from semi-final round, Contestants shall perform the two assigned compulsory Poomsae, and, 8 of them shall be advanced to final based on their points.
- WTF Cut off system final: When 8 or fewer contestants are participating;

- competition shall start from final round.
- There will be no deduction on presentation if an athlete does not wear the WTF approved Dobok. The minimum requirement is a black trim dobok.
- The new WTF Poomsae rules of June 2017 **will not** be administered in this tournament given that the new Poomsae have not yet been released in New Zealand.
- The Organisers will ensure there are a minimum of two Judges. The official draw for WTF Poomsae will occur at 6pm on 26th September 2017, the results will be emailed out to all instructors. Athletes are required to know all patterns in their division. Please note: Under WTF rules, pairs are mixed gender, teams are single gender and both must adhere to the prescribed age divisions.

WTF Poomsae List – Black Belt Only

Individual	
<i>Age group</i>	<i>Compulsory Poomsae (2 required)</i>
12-14 years	Taeguk 4, 5, 6, 7, 8, Koryo, Geumgang
15-17 years	Taeguk 4, 5, 6, 7, 8, Koryo, Geumgang, Taeback
18-30 years	Taeguk 6, 7, 8, Koryo, Geumgang, Taeback, Pyongwon, Shipjin
31-40 years	
41-50 years	Taeguk 8, Koryo, Geumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
51-60 years,	Koryo, Geumgang, Taeback, Pyongwon, Shipin, Jitae, Chonkwon, Hansu
61-65 years,	
66+	

Teams and Pairs	
<i>Age group</i>	<i>Compulsory Poomsae (2 required)</i>
12-14 years	Taeguk 4, 5, 6, 7, 8, Koryo, Geumgang

15-17 years	Taeguk 4, 5, 6, 7, 8, Koryo, Geumgang, Taeback
18-30 years	Taeguk 6, 7, 8, Koryo, Geumgang, Taeback, Pyongwon, Shipjin
31+	Taeguk 8, Koryo, Geumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon

Age Categories
12-14 years
15-17 years
18-30 years
31-40 years
41-50 years
51-60 years
61+ years

General Information

Jumping Front Kick Competition

The Jumping Front Kick involves kicking a target on the jump kick machine or one held by individuals.

- Competitors will be grouped based on their height on the day.
- Each competitor may have up to three attempts in total, once this is reached the competitor is eliminated.

All Athletes must land on their feet.

This event is a Koha (donation) event. The Koha will be collected on the day of the event, so listen out for the announcement and come with a donation. This does not need to be included in the payment for the club registration.

Individual Awards

Medals will be presented as close as possible to the respective events finishing. For example Poomsae medals will be presented after all poomsae divisions have finished. The medal ceremony for Kyorugi will be on Sunday, after all fights have been completed. Medallists must be dressed appropriately in either full dobok or full club uniform.

Three medals will be presented per division for Kyorugi and Poomsae.

- Champion – Gold
- Runner-up – Silver
- Third Place – Bronze

Jumping front kick will have one medal per division.

- Champion – Gold

TUNZ Trophy Awards

TUNZ Kyorugi Trophy: Will be presented to the club with the most points following the tally of all Kyorugi results from the day.

TUNZ Poomsae Trophy: Will be presented to the club with the most points following the tally of all Poomsae results from the day.

Points will be determined as follows: 3 points Gold; 2 points Silver; 1 point Bronze.

Please note Penalties apply: 10 Points deducted to any changes made to the draw after Monday 25th September, to the award in which the change affected. Also the points of that competitor will not be included in the calculation of the respective award.

Equipment at the venue

The organisers are currently trying to secure a vendor to be onsite to sell safety equipment. If we secure a supplier we will advise via email to all club instructors.

TUNZ Nationals T-Shirts

There will be T-Shirts for sale for this tournament. You can choose to wait until the day to purchase at the event, or you can fill out a pre order form attached to this pack and send it in with your club registrations.

Please note that the close off for the order forms will be the same day as the registration close off date. The order form and the pictures of the T-Shirt are attached towards the end of this document. (The pictures of these shirts have 2016 on them, the ones that you order will have 2017) The prices and sizes are listed on the order form. Please note that there will be limited amount of these tops for sale at the event, so we encourage pre ordering these to ensure that you will receive one.

If you do pre order these, they will be available at the door on entry with your club draws for the day.

Team Coaches and Manager's Meeting

A coaches' briefing meeting will occur 30 minutes prior to the start time of competition. Coaches are required to attend briefings. During this meeting only the process of the day and rule clarifications will occur. The Tournament Director will also announce any draw changes due to competitor's absences, and any match plays required to accommodate these players.

Officials

Without the assistance of officials we would be unable to host this tournament. In order to make sure we have enough officials we would like to ask that each club provide the name of at least one (more if possible) person who can be identified to assist as an official.

All officials will have lunch catered for them on the day, and there will be plenty provided to eat and drink during the day.

A meeting for officials will be held at the venue on Saturday morning prior to the coaches' and managers' briefing. Please listen for the announcement.

We would like to thank in advance everyone who will donate their time to be an official at this tournament.

If you are interested in being a referee, corner or Poomsae judge can you please register your interest by emailing tunznationals@gmail.com or include your details on the team registration list. If you received a qualification from the recent TUNZ Poomsae Judging Course, please ensure that your name is put forward for judging on the day.

Protests

The WTF card protest process will be in place for the Kyorugi matches. Each match will have an automatic quota of one protest per player.

Under no circumstances are any other Officials to be approached in relation to a protest.

Early Registrations

Instructors are encouraged to enter early to allow match ups for our South Island and International participants so they can confirm flights. Early registration will also be at a discounted rate as stated on the beginning pages of this entry pack. If you miss the close date of the Early Bird Registration, you will still be able to register before the official close off date. The fee for entry will be more than that of the Early Bird Registrations.

Please take note of the closing date Tuesday 19th September 2017, late entries will not be accepted. The organizers must receive the entries for each competitor and club list by no later than this time. We strongly recommend that you scan and email these forms through to the given email of the Tournament Director at least a week in advance to ensure your registrations are not missed. If you are going to send the paper forms through the mail, we advise that you send these 2 weeks prior to the close off date.

Accommodation

There are a number of accommodation providers located within walking distance to the venue. We will be contacting a few motels to see if we can secure team discounts. Please keep an eye on your emails as we will send out any special deals as they arrive.

The Venue

The venue for the TUNZ National Championships 2017 is the Te Rauparaha Arena, 17 Parumoana Street, Porirua, Wellington.

There are plenty of toilets and change room facilities onsite. There is a cafe onsite as well as eateries within walking distance of the venue.

<http://terauparaha-arena.co.nz>

Uncontested Players

Uncontested players may elect to receive either a medal or a full refund (no administration fee will be charged). Players wishing to receive a medal are to be present in full Dobok or club tracksuit when directed.

Medical Conditions

Players are advised to inform their coach of any relevant health information for the purposes of treatment. Instructors are advised that they should maintain appropriate emergency contact details for their players.

St John Ambulance will be onsite to provide any medical care to players throughout the tournament.

Payments

All entries must be paid at the time of registration with the exception of Jumping Front Kick which will be a Donation on the day of the Event if you would like to enter. Entries will not be processed until payment is made. It is preferable to receive one payment via Internet Banking per club. We will accept a cheque if this is your only form of payment—please ensure that the cheque is for the full amount owing for your club. If you have any questions regarding your payment please contact the organizers.

All cheque payments are to be made out to Capital City Taekwondo, and sent to the mailing address listed at the end of this entry pack. Please make sure that if you are paying via cheque, that this is received and processed into the account **before** the 10th September. If you are paying after this date, internet banking payments only will be accepted.

Internet banking payments are to be sent to:

Account Name: **Capital City Taekwondo**

Account Number: **02-0528-0285235-00**

Particulars/code/Reference: Your **Club Name** that you have entered under, and **Nationals2017**

International payments: If you are an International team and are paying via internet banking, you will need the above information, and also some other details. International payments require a swift code and an address for the recipient of the payment.

The swift code for the account is: **BKNZ NZ22**

Please also use the address I have listed at the end of this entry pack for the address of the account. If you have any issues with international payments, please get in contact with the organizers as soon as possible.

All International payments are to be made in NZ dollars.

Refunds

Refunds will be given for withdrawal up to 9am Tuesday 19th September. A doctor's certificate is required for refunds after the final draw has been published. There will be a \$10 admin fee for all withdrawals regardless of the time the competitor withdraws (with the exception of uncontested players).

Liability

All participants in the competition take part at their own risk. While all care is taken, the organisers and their representatives can take no responsibility, under any circumstances, for any damages, injuries or loss to individuals or equipment.

Privacy

Personal details collected are solely for the purpose of the competition involved. They will not be passed to a third party.

Entry for the Event

Entry is open to all invited WTF and ITF clubs regardless of affiliation. The Club will be responsible for submitting the required forms (individual entry forms and Team list) and payment via email. Registrations must be received by email no later than Tuesday 19th September 2017.

Individual registrations will be accepted only if they are the only competitor from their club. To register, the process is the same, as the Club instructor will be required to sign the relevant forms.

Entry Forms & Team Lists

Each competitor must complete with accuracy and sign the Entry Form for each event that they would like to participate in. The competitor, Parent (if required) and instructor's signature are required on this document. This document is then to be sent to the organisers.

Team Lists are to be completed and sent with the individual entry forms. Team lists must be completed correctly and accurately. The Team list will have the names of all competitors, their grade, age, weight and identify the events they are competing in. Please clearly mark the entry fee they have paid as this will be tallied against the payment made. Cheques must be made out to: Capital City Taekwondo

All mailed cheques and entries are to be sent to Staci Knox, 45 Ararino Street, Trentham, Wellington 5018.

The closing date for receiving of entries is: Tuesday 19th September 2017

Tournament Director

If there are any problems or questions in relation to this Tournament then please contact the Tournament Director Staci Knox

Staci Knox, Phone: 02102879473, Email: tunznationals@gmail.com

Front of Shirt



Back of Shirt



Pre Order Taekwondo Union Nationals T-shirts

Name: _____ Phone: _____
 Email: _____ Date: _____

Quantity	Cost		Sizes						
	1 - \$35	3 - \$95							
	2 - \$60	4 - \$120	S	M	L	XL	2XL	3XL	4XL
_____ T-shirt	_____								
_____ T-shirt	_____								
_____ T-shirt	_____								
_____ T-shirt	_____								
_____ T-shirt	_____								
_____ T-shirt	_____								

Total Cost
 \$ _____

Office Use Only

Payment Received Received By : _____ Date: _____

POOMSAE ENTRY FORM

First Name:		Surname:	
Gender (circle one): Male Female		Grade:	
Age:	Date of Birth: / /		
Poomsae Category: <i>(Tick relevant bos(s))</i>		WTF Individual ()	WTF Pair ()
		WTF Team ()	
		Traditional Individual ()	Traditional Pair ()
		Traditional Team ()	
Team/Pair Name:			
Names of Team/Pair Members:			
<u>DECLARATION:</u>			
I, the undersigned, submit my application for registration as a competitor in the TUNZ NATIONAL CHAMPIONSHIPS. In doing so I declare that;			
1) I meet the eligibility criteria.			
2) The information supplied is true and correct.			
Signature of Competitor:		Date:	
Signature of Parent/Guardian: (if under 18)		Date:	
Signature of Instructor:		Date:	
<u>Instructor to complete:</u>			
Club Name:			
Instructors Name:			
Instructors Phone Number:			
Instructor Email Address:			
<u>See schedule for entry fees in entry pack</u>			
Make the payment to your club. Your instructor must then make ONE payment to:			
Capital City Taekwondo			
CLOSING DATE FOR REGISTRATIONS: TUESDAY 19th SEPTEMBER 2017			

TEAM & OFFICIALS LIST (include family details for poomsae)

Club Name									
Head Instructor Details									
Name									
Email									
Competitors Details									
Name	Belt Grade	Sex	Age (at 31st Dec)	Year born	Jumping Kick	Poomsae			
						WTF			Indiv
						Indiv	Pair	Team	

TEAM & OFFICIALS LIST (2of 2)

Club Name									
Head Instructor Details									
Name									
Email									
Competitors Details									
Name	Belt Grade	Sex	Age (at 31st Dec)	Year born	Jumping Kick	Poomsae			
						WTF			Indiv
						Indiv	Pair	Team	

TEAM & OFFICIALS LIST (3of 3)

Club Name	
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Competitors Details (Continued)

Name	Belt Grade	Sex	Age (at 31st Dec)	Year born	Jumping Kick	Poomsae			
						WTF			Indiv
						Indiv	Pair	Team	

Officials Details (please tick relevant roles)

Name	Mobile	Email	Coach

EMAIL TO: tunznationals@gmail.com

Union Hazard Control Plan

Tournament Competition

Hazard Description:	Forceful direct contact with opposing player.
Details:	A Taekwondo Tournament is a competition which is decided, within the rules, by direct physical contact and forceful physical collisions between contestants, and therefore competitors have an inherent risk of physical injury.
Category:	Physical.
Date Hazard Identified:	1 November 2004
Review Hazard Frequency:	Annual or after major accident or incident.
Next Review:	1 November 2017.
Hazard Location:	Tournament Competition Ring.
People Exposed:	Tournament Competitors.
Other Relevant Documents:	Current WTF Competition Rules.
Possible Harm:	Sprain, strain, bruising, open wound, fracture, brain-damage, paralysis, death.
Hazard Significance:	Significant Hazard.
Hazard Control Type:	Minimise.

Action Required:

- World Taekwondo Federation rules attempt to minimise risk by:
- Specifying weight, age and grade requirements when matching competitors.
- Specifying protective equipment to be worn.
- Restricting the types of attack used and the target areas.
- Specifying procedures to punish or disqualify competitors who infringe.
- Specifying procedures to use in the event of an injury.
- Specifying procedures for referees and coaches to use if it becomes apparent that a competitor is at risk.

Tournament Director:

- Ensure the player draw id as evenly matched as possible.
- Impose additional rules if considered necessary (e.g. no head contact, mandatory mouth-guards.)
- Ensure procedures in place for competitors to receive appropriate medical attention if necessary.

Referees:

- Maintain control of contest ensuring competitors abide by rules.
- Stop contest if necessary as per competition rules and procedures.

Coaches:

- Ensure contestant has knowledge of rules.
- Ensure competitor is sufficiently skilled and in physical condition to compete safely in their division.
- Withdraw contestant if necessary before or during the contest as per competition rules and procedures.
- Ensure their competitors are aware of and understand this hazard.

Competitors:

- Wear protective equipment as specified in rules and additional equipment if deemed necessary by Tournament Director (e.g. mouth-guard).
- Abide by competition rules.
- Do not compete without doctors approval if suffer from a medical condition which could be worsened by competing.
- Do not compete if have received a head injury (e.g. concussion) within 30 days preceding competition. As well as this stand-down period, a medical clearance is required before competing again.