



North Island  
Invitational  
Championships  
  
27 March 2021

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## Welcome from the Taekwondo Union of New Zealand President

Dear Instructor

It is with great pleasure that we invite you and your members to participate in the 2021 TUNZ North Island Invitational Championship, which will be hosted by New Plymouth Taekwondo Club. This tournament will be held on 27 March, at TSB Stadium, 1 Rogan Street, Welbourn, New Plymouth.

This is a one day event and will include Kyorugi (sparring) and Poomsae (individual, pairs and teams), as well as a jumping front kick competition. The tournament is open to all invited WT players regardless of affiliation and as usual Union members will receive a discounted price on all events.

The Daedo electronic system will be used for all red and black belt Kyorugi divisions. Competitors in these divisions will need to supply their own Daedo sensor socks. These need to be purchased prior to the tournament as they will not be available to buy at the event.

Registrations should be managed by each club and submitted as per the instructions within this document by 5.00pm on **Friday 12 March**. **Late entries may be accepted but will incur a late fee of \$10 per person.**

Instructors will be given a competitors list on 17 March and will have until 5.00pm Friday 19 March to advise the organisers of any changes or alterations (due to incorrect weight etc or uncontested players). The final draw will be published on Friday 26 March.

Remember, **registrations close on Friday 12 March**.

If you need any assistance or require additional information please contact the Tournament Director.

Please respect the Public Health measures outlined in the “10 Golden Rules” that are posted in this tournament package. We want to keep everyone as safe as possible.

Best of luck to all the competitors and may I wish you all a successful and fun tournament.

Yours in Taekwondo

*Joan Fountain*

PRESIDENT

TAEKWONDO UNION OF NEW ZEALAND

## Information Brief



TSB Stadium, 1 Rogan Street, Welbourn, New Plymouth. There are plenty of toilets and change room facilities onsite. There is a cafe onsite as well as eateries within walking distance of the venue. <http://www.npeventvenues.nz/Venue-Hire/TSB-Stadium/Location>

Friday night weigh in: New Zealand Couriers  
3/674 Devon Road, Waiwhakaiho, New Plymouth 4312



### March 2020

|           |          |   |
|-----------|----------|---|
| Friday    | 12 March | Registrations close at 5.00pm.  |
| Wednesday | 17 March | Instructors will be given a player list so they can advise the organisers of any errors (such as weight or age of players). The list will include uncontested players or players requiring matches. |
| Friday    | 19 March | No further changes permitted to the player list after 5.00pm.   |
| Friday    | 26 March | Final draw published.   |
| Friday    | 26 March | Weigh-in 6.00 – 8.00pm.   |
| Saturday  | 27 March | Weigh-in for remaining competitors. Tournament starts.  |



### Friday

|               |  |
|---------------|--|
| 6.00 - 8.00pm | Weigh-in available to all athletes at New Zealand Couriers, 3/674 Devon Road, Waiwhakaiho, New Plymouth 4312<br>Managers can collect their team packs. |
|---------------|--|

### Saturday (some event start times may vary subject to entry numbers)

|                 |  |
|-----------------|--|
| 7.00am          | Doors open, officials arrive, set up mats and electronics.   |
| 7.30 - 9.00am   | Weigh-in (only competitors who need to weigh in are permitted entry at 7.30am).  |
| 8.00am          | Team and spectators' entry.  |
| 8.30am          | Poomsae officials meeting followed by Poomsae coaches meeting.   |
| 9.00am          | Poomsae starts with senior belts through to coloured belts.<br>Kyorugi officials meeting followed by Kyorugi coaches meeting will be held at the conclusion of the Poomsae, then sparring will commence. |
| 9.30am          | Junior sparring will start, moving to senior belts.  |
| 12.15 - 12.45pm | Officials lunch.   |
| 12.30 - 1.30pm  | Jumping front kick competition.  |
| 6.00pm          | Event concludes (depending on number of entries).  |

- A coaches' briefing will occur 30 minutes prior to the start time of competition to go over the process for the day and rule clarifications. This meeting will not provide an opportunity to make match plays or changes to the draw. This briefing is compulsory for coaches.
- Medals will be presented throughout the day as each division finishes, not at the end of the tournament.

|                |                                       |                             |
|----------------|---------------------------------------|-----------------------------|
| <b>Events:</b> | <b>WT Kyorugi</b>                     | Yellow tab (9 kup) upwards  |
|                | <b>Traditional Poomsae</b>            | Yellow belt (8 kup) upwards |
|                | <b>Jumping front kick competition</b> | Yellow tab (9 kup) upwards  |

**Tournament Director:** Richard Coomber  
 Contact number: 021 215 3508  
 Email: [nptkdtournament@hotmail.com](mailto:nptkdtournament@hotmail.com)

**Mail entries to:** Angela Caldwell, C/- NZ Couriers, PO Box 4031, New Plymouth 4340

If there are any problems or questions in relation to this tournament then please contact the Tournament Director.

## Eligibility

Entry is open to all TUNZ clubs; TNZ affiliated clubs; and other WTF/ITF clubs regardless of affiliation which have been invited by the TUNZ Executive Council ([secretary@tunz.net.nz](mailto:secretary@tunz.net.nz)).

The competitor's club will be responsible for submitting the required forms (individual entry forms and team list) and payment via mail or internet banking to the host club.

Individual registrations will be accepted only if they are the only competitor from their club. To register, the process is the same, as the Club instructor will be required to sign the relevant forms.

## Liability

All participants in the competition take part at their own risk. While all care is taken, the organisers and their representatives can take no responsibility under any circumstances for any damages, injuries or loss to individuals or equipment belonging to competitors or spectators.

## Privacy

Personal details collected are solely for the purpose of the competition involved. They will not be passed to a third party.

Photographs taken at the event, and competition results, may be published.

## General Public Entry

People not on the team list (which will include valid officials) must pay to enter.

**Cost of Admission:** \$5 adults, \$2 children 5 to 12, under 5s free.

TUNZ and the tournament organisers reserve the right to exclude or remove any person from the venue at their discretion.

## Public Health Measures and the "10 Golden Rules"

1. If you're sick, stay home. Don't go to work, school or socialise.
2. If you have cold or flu-like symptoms, call your doctor or healthline. Get tested <https://covid19.govt.nz/covid-19/about-covid-19/covid-19-testing/>.
3. Wash your hands.
4. Sneeze or cough into your elbow and regularly clean shared surfaces.
5. You must self-isolate if you're told by officials to do so.
6. Stay healthy, work with your GP if you have underlying health issues.
7. Keep track of where you've been.
8. Businesses help people track movements by displaying the QR code.
9. Stay vigilant.
10. Be kind to others and be kind to yourself.

## Entering

### Entry Forms and Team Lists

Each competitor must accurately complete and sign the Entry Form for each event that they would like to participate in. The competitor, parent/guardian (if applicable) and instructor's signature are required on this document.

Clubs then complete the Team List form and send to the organiser with the individual entry forms. Team lists must be provided on either the spreadsheet emailed with this pack or the paper copy included in this pack. The Team List must be completed in full, i.e. the names of all competitors, their grade, age, weight, height and identify the events they are competing in.

The team list and individual entry forms must be sent to the organisers prior to the registration closing date **Friday 12 March**. Incomplete team lists will be returned to be completed correctly. Scanned and emailed entries are acceptable.

**Individuals** are welcome to enter if their club is not attending, by completing the individual form, getting their instructor's signature, paying the appropriate fee, and meeting the registration closing date.

### Payment

All entries must be paid at the time of registration. Entries will not be processed until payment is made.

Cheques must be made out to: **New Plymouth Taekwondo**

All mailed cheques and entries are to be sent to: **Angela Caldwell, C/- NZ Couriers, PO Box 4031, New Plymouth 4340**

Payment by internet banking – ONE payment per club please. Scanned copies of entries should be sent to: **nptkdtournament@hotmail.com**

Account name: **New Plymouth Taekwondo**

Account number: **15-3957-0062973-00**

Particulars/code/reference: Your **club name** (that you have entered under), and **Nis2021**

### Refunds

Refunds will be given for withdrawal up to 5.00pm Friday 19 March. A doctor's certificate is required for refunds after the final draw has been published. There will be a \$10 administration fee for all withdrawals regardless of the time the competitor withdraws (with the exception of uncontested players).

### Entry Fees

| Events   | TUNZ Member |       | Non-TUNZ Member |       |
|--|-------------|-------|-----------------|-------|
|  | Adult       | Youth | Adult           | Youth |
| One event (e.g. sparring or individual poomsae)            | \$45        | \$35  | \$60            | \$50  |
| Two events (e.g. sparring and individual poomsae)          | \$60        | \$50  | \$80            | \$70  |
| Three events (e.g. sparring, individual and pairs poomsae) | \$75        | \$65  | \$100           | \$90  |
| Four events (sparring, individual, pairs, team poomsae)    | \$100       | \$80  | \$120           | \$110 |
| Jumping Front Kick Competition                             | \$10        | \$10  | \$15            | \$15  |

## General Information

### Jumping Front Kick Competition

The jumping front kick involves kicking a target on the jump kick machine or held by an individual.

- Competitors will be grouped in their ages and height on the day.
- Each competitor may have up to three attempts in total, once this is reached the competitor is eliminated.
- All athletes must land on their feet.

### Uncontested Players

Uncontested players may elect to receive either a medal or a full refund (no administration fee will be charged). Players wishing to receive a medal are to be present in full dobok or club tracksuit when directed.

### Medical Conditions

Players are advised to inform their coach of any relevant health information for the purposes of treatment. Instructors are advised that they should maintain appropriate emergency contact details for their players. St John Ambulance will be onsite to provide any medical care to players throughout the tournament. If a player has a medical condition which may affect their ability to compete safely this must be disclosed to the organisers at the time of entry so that a determination can be made about whether the entry will be accepted.

### Protests

The WT card protest process will be in place for the Kyorugi matches. Each match will have an automatic quota of one protest per player.

**Under no circumstances are any other Officials to be approached in relation to a protest.**

### Team Coaches and Managers' Meeting

A coaches' briefing meeting will occur 30 minutes prior to the start time of competition. Coaches are required to attend briefings. During this meeting only the process of the day and rule clarifications will occur. The Tournament Director will also announce any draw changes due to competitors' absence, and any match play changes required to accommodate these players.

### Officials

Without the assistance of officials, we would be unable to host this tournament. In order to make sure we have enough officials we would like to ask that each club provide the name of at least one (more if possible) person who can be identified to assist as an official. If you are interested in being a referee, corner or pomsae judge, include your details on the team registration list or email [nptkdtournament@hotmail.com](mailto:nptkdtournament@hotmail.com) directly.

- All officials will have lunch catered for them on the day, and there will be plenty provided to eat and drink during the day.
- A meeting for officials will be held at the venue on Saturday morning prior to the coaches' and managers' briefing. Please listen for the announcement.

We would like to thank in advance everyone who donates their time to be an official at this tournament.

## Determining Age

Ages for both Kyorugi and Poomsae are as per WT rules, where the age is determined as at 31 December 2021. For example, a person born in 2010 will be deemed to be age 11 years regardless of whether they are born on the 1st of January or the 31st of December.

## Individual Awards

Medals will be presented as close as possible to the respective divisions finishing for both Poomsae and Kyorugi. **Medallists must be dressed appropriately in either full dobok or full club uniform.** This will allow those who need to depart early to do so, without needing to stay the whole day.

Three medals will be presented per division for Kyorugi and Poomsae:

- Champion – Gold
- Runner-up – Silver
- Semi Finalist – Bronze

Jumping front kick will have one medal per division, divisions to be made up depending on entrants:

- Champion – Gold

## TUNZ Trophy Awards

### TUNZ Kyorugi Trophy

Will be presented to the club with the most points following the tally of all Kyorugi results from the day.

### TUNZ Poomsae Trophy

Will be presented to the club with the most points following the tally of all Poomsae results from the day.

Points will be determined as follows: Gold 3 points, Silver 2 points, Bronze 1 point.

## Kyorugi Information

### Kyorugi Competition Rules

- WT Competition Rules will apply. A complete copy of the WT Competition Rules can be downloaded from the link below:  
<http://www.worldtaekwondo.org/wp-content/uploads/2019/08/WT-Competition-Rules-Interpretation-Manchester-May-15-2019.pdf>
- There will be no video review. Review will be consensus between judges, referee and Tournament Director.

### Kyorugi Coaches

Coaches must be identified on the team entry form, and the organisers will provide them with accreditation. **Only accredited coaches will be permitted entry to the official marshalling area and Kyorugi courts.**

A coaches' briefing will occur 30 minutes prior to the start time of competition. Coaches are required to attend briefings. During this briefing only the process of the day and rule clarifications will occur. This meeting will not provide opportunity to make match plays or changes to the draw.

Coaches are expected to behave in a respectful manner to players and officials at all times. Only one warning will be issued to a coach if their behaviour is deemed unacceptable. Upon receiving a second warning, that coach will have their accreditation removed and thus will no longer be permitted to act as a coach for the remainder of the tournament.

It is the coach's responsibility to ensure their player is ready to commence their fight. It is highly advisable that coaches ensure their players have transitioned into the official marshalling area at least four fights in advance of their fight number.

A maximum of two (2) calls to the field of play will be given. If a player is not ready with their coach at the commencement of their fight, the fight will be cancelled. No match play will be provided.

### Kyorugi Coloured Belt Divisions

Every effort is made to match players based on the weight, height, grade and age as submitted on the entry form. All details on the entry form are to be checked by the Club Instructor to ensure that the competitor can be entered into the correct division.

Instructors will be contacted if there is no suitable competitor available, and to have a discussion on what options may be available to provide a match for the competitor.

### Weigh-In for Kyorugi Competitors

It is the responsibility of each Instructor to check the weight, height, age and grade of their competitors, and to ensure the entry forms are completed correctly. After this it then becomes the responsibility of the player to make the correct weight for the division that they have been entered into. Failure to make weight will lead to disqualification. All Kyorugi competitors are required to weigh-in. There will be two opportunities for competitors to weigh-in, either Friday evening 6.00 - 8.00pm or Saturday morning from 7.30 - 9.00am.

We encourage as many teams as possible to weigh in on Friday evening, as this will greatly assist the organisers. If a competitor fails to make weight they have until the end of that weigh-in session to try a second time to make weight. If a competitor is concerned about their weight, they should weigh in early, as weigh-in will close at 8.00pm.

**Please note:** Players failing to pass the weigh-in WILL be disqualified. Any competitor required to weigh-in that fails to do so will be disqualified. If you choose to weigh in on Friday night you will not be weighed in on Saturday. If you do not make weight on Friday night, you will be disqualified.

## Safety Equipment

- Sparring athletes must wear WT approved full colour chest protector, head guard (matching colour or white), groin, shin, arm guards and gloves.
- Mouth guards are compulsory for everyone and must be white or clear (NO EXCEPTIONS).
- **Red and Black belt divisions**
  - Require Daedo electronic foot protectors. Internet suppliers of Daedo equipment are <http://www.daedoaustralia.com.au> and <http://www.mooto.com.au>
  - The organisers will provide the electronic chest guards to use, and electronic head guards for head kick divisions.

## Equipment Checks

To ensure the smooth transition of fighters and to ensure we have a safe tournament, each competitor will be required to pass through the official equipment inspection area.

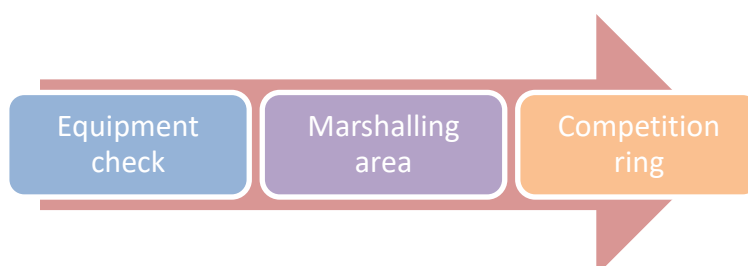
Players must arrive wearing all their safety equipment ready for their fight, this includes groin guard (under their dobok) in preparation for inspection. Players will only be passed through to the marshalling area once they have passed the equipment inspection.

## Marshalling Area

Only accredited coaches and players will be permitted entry into the official marshalling area and Kyorugi courts. There will be plenty of space in this area to allow players to stay warm and continue pad work with their coaches.

Players will be sat at their court immediately when the fight prior to them has started. Seats will be provided for up to three fights in the bus area per court. The purpose of this is to ensure no time is wasted between fights while waiting for players to get ready.

Both players and coaches are to listen and follow the instructions of the Marshalling Area Coordinator to ensure they don't miss their fight. Players will only be called two (2) times, and if they don't report to the Marshalling Area Coordinator, they will be disqualified.



## Head Kicks

When the NO HEAD KICK rule applies, a head kick, either intentional or through lack of caution, will be treated as a prohibited act with the same penalty as rule 4.1.8 (hitting the opponent's head with the hand). A gamjeom (deduction point), or disqualification will be applied.

| Division | Age            | White Yellow Tip | Yellow/Green | Blue     | Red | Black |
|----------|----------------|------------------|--------------|----------|-----|-------|
| Youth    | Under 11 years | No               | No           | No       | No  | No    |
| Cadet    | 12 – 14 years  | No               | No           | Optional | Yes | Yes   |
| Junior   | 15 – 17 years  | No               | Yes          | Yes      | Yes | Yes   |
| Open     | 18 – 35 years  | No               | Yes          | Yes      | Yes | Yes   |
| Masters  | Over 35 years  | No               | Yes          | Yes      | Yes | Yes   |

## Kyorugi Divisions (weight in kilograms)

| Youth 5 to 11 years |    |    |    |    |    |    |    |    |    |    |  |
|---------------------|----|----|----|----|----|----|----|----|----|----|--|
| GIRLS AND BOYS      |    |    |    |    |    |    |    |    |    |    |  |
| Over                | -  | 18 | 21 | 24 | 27 | 31 | 35 | 40 | 45 | 50 |  |
| Not exceeding       | 18 | 21 | 24 | 27 | 31 | 35 | 40 | 45 | 50 |    |  |

| Cadet 12-14 years |    |    |    |    |    |    |    |    |    |    |  |
|-------------------|----|----|----|----|----|----|----|----|----|----|--|
| MALE              |    |    |    |    |    |    |    |    |    |    |  |
| Over              | -  | 33 | 37 | 41 | 45 | 49 | 53 | 57 | 61 | 65 |  |
| Not exceeding     | 33 | 37 | 41 | 45 | 49 | 53 | 57 | 61 | 65 |    |  |
| FEMALE            |    |    |    |    |    |    |    |    |    |    |  |
| Over              | -  | 29 | 33 | 37 | 41 | 44 | 47 | 51 | 55 | 59 |  |
| Not exceeding     | 29 | 33 | 37 | 41 | 44 | 47 | 51 | 55 | 59 |    |  |

| Junior 15-17 years |    |    |    |    |    |    |    |    |    |    |  |
|--------------------|----|----|----|----|----|----|----|----|----|----|--|
| MALE               |    |    |    |    |    |    |    |    |    |    |  |
| Over               | 0  | 45 | 48 | 51 | 55 | 59 | 63 | 68 | 73 | 78 |  |
| Not exceeding      | 45 | 48 | 51 | 55 | 59 | 63 | 68 | 73 | 78 |    |  |
| FEMALE             |    |    |    |    |    |    |    |    |    |    |  |
| Over               | 0  | 42 | 44 | 46 | 49 | 52 | 55 | 59 | 63 | 68 |  |
| Not exceeding      | 42 | 44 | 46 | 49 | 52 | 55 | 59 | 63 | 68 |    |  |

| Open or Masters 18 years and over (divisions based on entries) |    |    |    |    |    |    |    |    |  |  |  |
|--|----|----|----|----|----|----|----|----|--|--|--|
| MALE   |    |    |    |    |    |    |    |    |  |  |  |
| Over   | -  | 54 | 58 | 63 | 68 | 74 | 80 | 87 |  |  |  |
| Not exceeding  | 54 | 58 | 63 | 68 | 74 | 80 | 87 |    |  |  |  |
| FEMALE   |    |    |    |    |    |    |    |    |  |  |  |
| Over   | -  | 46 | 49 | 53 | 57 | 62 | 67 | 73 |  |  |  |
| Not exceeding  | 46 | 49 | 53 | 57 | 62 | 67 | 73 |    |  |  |  |

## Poomsae Information

### Poomsae Competition Format

Competition will be in the Traditional Poomsae competition format for coloured belts and black belts. All patterns are judged against the WT specified technique.

Contestants can compete in the following categories unless limited by age, grade, or gender:

- **Men's Individual**
- **Women's Individual**
- **Pairs** – Can be any mix of gender with no age restrictions (e.g. a family team of one child and one adult). Both members must be in the same competition category.
- **Team** – Can be any mix of gender with a minimum of three people with no age restrictions (e.g. a family team of two children and one adult). All team members must be in the same competition category.

### Traditional Poomsae - Individual Competition

Each competitor will be required to perform two patterns.

**Coloured belts** will perform the two patterns identified in the Poomsae list below.

| Belt Level          | Pattern 1    | Pattern 2     |
|---------------------|--------------|---------------|
| Yellow (8 to 7 Kup) | Il Jang (1)  | Ee Jang (2)   |
| Green (6 to 5 Kup)  | Ee Jang (2)  | Sam Jang (3)  |
| Blue (4 to 3 Kup)   | Sa Jang (4)  | Oh Jang (5)   |
| Red (2 to 1 Kup)    | Yuk Jang (6) | Chil Jang (7) |

**Black belts** will perform Koryo as the first Poomsae and the second will be of the player's choice. The Poomsae must be announced to the Judging Panel immediately prior to the beginning. Selection of the second Poomsae must be from the range as described by WT (see WT Poomsae list on page 13).

## Traditional Poomsae - Pairs and Teams Competition Categories

There will be a compulsory Taegeuk and the second Taegeuk is of the pair/team's choice. Selection of the second Poomsae must be from the range as described below:

- **Grade 8 to 6** - Taegeuk 1 is compulsory as the first of the two patterns. Taegeuk 1 may not be performed twice. Only Taegeuk 1 to 8 may be performed.
- **Grade 5 to 3** - Taegeuk 4 is compulsory as the first of the two patterns. Taegeuk 4 may not be performed twice. Only Taegeuk 1 to 8 may be performed.
- **Grade 2 to 1** - Taegeuk 6 is compulsory as the first of the two patterns. Taegeuk 6 may not be performed twice. Only Taegeuk 4 to 8 may be performed.
- **Black belts** - Will perform Koryo as the first Poomsae and the second will be of the players' choice. Selection of the second Poomsae must be from the range as described by WT (see WT Poomsae list below).

The second Poomsae must be announced to the Judging Panel immediately prior to the beginning.

## WT Poomsae List - Black Belt Only

| Individual    |   |
|---------------|---|
| Age Group     |   |
| 12 – 14 years | Taegeuk 4, 5, 6, 7, 8, Koryo, Geumgang                                  |
| 15 – 17 years | Taegeuk 4, 5, 6, 7, 8, Koryo, Geumgang, Taebaek                         |
| 18 – 30 years | Taegeuk 6, 7, 8, Koryo, Geumgang, Taebaek, Pyongwon, Shipjin            |
| 31 – 40 years |   |
| 41 – 50 years | Taegeuk 8, Koryo, Geumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon |
| 51 – 60 years | Koryo, Geumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu     |
| 61 – 65 years |   |
| Over 65 years |   |

| Teams and Pairs |   |
|-----------------|---|
| Age Group       |   |
| 12 – 14 years   | Taegeuk 4, 5, 6, 7, 8, Koryo, Geumgang                                  |
| 15 – 17 years   | Taegeuk 4, 5, 6, 7, 8, Koryo, Geumgang, Taebaek                         |
| 18 – 30 years   | Taegeuk 6, 7, 8, Koryo, Geumgang, Taebaek, Pyongwon, Shipjin            |
| Over 30 years   | Taegeuk 8, Koryo, Geumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon |

## Entry Forms

### Checklist

#### Competitors – have you

- ✓ Completed the entry form with accurate information (e.g. weight, grade) so you are placed in the correct division.
- ✓ Signed or got your parent or guardian, if applicable, to sign the form.
- ✓ Paid your club your entry fee.
- ✓ Given the form to your instructor to sign and forward to the organisers.

#### Club instructors – have you

- ✓ Checked ALL information completed by the applicant is correct (especially in relation to age and weight divisions).
- ✓ Signed the entry forms.
- ✓ Completed the Team List.
- ✓ Added names of officials from your club.
- ✓ Sent ALL paperwork to the organisers with payment.

**Determining age:** Ages for both Kyorugi and Poomsae are as per WT rules, where the age is determined as at 31 December 2021. For example, a person born in 2010 will be deemed to be age 11 years, regardless of whether they are born on the 1st of January or the 31st of December.

**Closing date for registrations: Friday 12 March 2021**

**Post to:** Angela Caldwell, C/- NZ Couriers, PO Box 4031, New Plymouth 4340

**Email to:** [nptkdtournament@hotmail.com](mailto:nptkdtournament@hotmail.com)

## KYORUGI ENTRY FORM

|                      |                |                |  |
|----------------------|----------------|----------------|--|
| First name:          |                | Surname:       |  |
| Gender (circle one): | Male    Female | Grade:         | Age:                      DOB:    /    / |
|                      |                | Weight in kgs: | Height in cm:                            |

### DECLARATION

I, the undersigned, submit my application for registration as a competitor in the TUNZ North Island Championships. In doing so I declare that:

- (1) I meet the eligibility criteria.
- (2) The information supplied is true and correct.

**Signature of Competitor:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Signature of Parent or Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
(if under 18 years)

**Signature of Instructor:** \_\_\_\_\_ **Date:** \_\_\_\_\_

|   |
|---|
| Club Name:  |
| Instructor's name:  |
| Instructor's phone number:  |
| Instructor's e-mail address:  |
| <b>Note</b> - If club instructor's contact details are shown on the team list, they do not need to be replicated above. |

**ENTRY FEE** - See Schedule of Entry Fees in entry pack.

Make the payment to your club. Your Instructor must make ONE payment to **New Plymouth Taekwondo**.

**Closing date for registrations - 12 March 2021**

## POOMSAE ENTRY FORM

|   |                |                            |  |
|---|----------------|----------------------------|--|
| First name:                             |                | Surname:                   |  |
| Gender (circle one):                    | Male    Female | Grade:                     | Age:      DOB:    /    /                     |
| Poomsae Category: (tick relevant boxes) |                | Traditional Individual [ ] | Traditional Pair [ ]    Traditional Team [ ] |
| Pairs name:                             | Pairs partner: |                            |  |
| Team name:                              | Team partners: |                            |  |

|   |             |
|---|-------------|
| <b>DECLARATION</b><br>I, the undersigned, submit my application for registration as a competitor in the TUNZ North Island Championships. In doing so I declare that:<br>(1) I meet the eligibility criteria.<br>(2) The information supplied is true and correct. |             |
| Signature of Competitor: _____  | Date: _____ |
| Signature of Parent or Guardian: _____<br>(if under 18 years)   | Date: _____ |
| Signature of Instructor: _____  | Date: _____ |

|   |
|---|
| Club Name:  |
| Instructor's name:  |
| Instructor's phone number:  |
| Instructor's e-mail address:  |
| <b>Note</b> - If club instructor's contact details are shown on the team list, they do not need to be replicated above. |

|  |
|--|
| <p align="center"><b>ENTRY FEE</b> - See Schedule of Entry Fees in entry pack.</p> <p>Make the payment to your club. Your Instructor must make ONE payment to <b>New Plymouth Taekwondo</b>.</p> |
|--|

|   |
|---|
| <b>Closing date for registrations - 12 March 2021</b> |
|---|

TEAM and OFFICIALS LIST (1 of 2)

Club Name:

Total number of competitors:

|        |            |
|--------|------------|
| Name:  | Home Ph:   |
| Email: | Mobile Ph: |

| Name | Belt Grade | Sex | Age<br>(at 31 Dec) | Year Born | Traditional Poomsae |      |      | Kyorugi    |           | Jumping<br>Front Kick | Fee Paid |
|------|------------|-----|--------------------|-----------|---------------------|------|------|------------|-----------|-----------------------|----------|
|      |            |     |                    |           | Individual          | Pair | Team | Weight kgs | Height cm |                       |          |
|      |            |     |                    |           |                     |      |      |            |           |                       |          |
|      |            |     |                    |           |                     |      |      |            |           |                       |          |
|      |            |     |                    |           |                     |      |      |            |           |                       |          |
|      |            |     |                    |           |                     |      |      |            |           |                       |          |
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|      |            |     |                    |           |                     |      |      |            |           |                       |          |
|      |            |     |                    |           |                     |      |      |            |           |                       |          |

## TEAM and OFFICIALS LIST (2 of 2)

| Name | Belt Grade | Sex | Age<br>(at 31 Dec) | Year Born | Traditional Poomsae |      |      | Kyorugi    |           | Jumping<br>Front Kick | Fee Paid |
|------|------------|-----|--------------------|-----------|---------------------|------|------|------------|-----------|-----------------------|----------|
|      |            |     |                    |           | Individual          | Pair | Team | Weight kgs | Height cm |                       |          |
|      |            |     |                    |           |                     |      |      |            |           |                       |          |
|      |            |     |                    |           |                     |      |      |            |           |                       |          |
|      |            |     |                    |           |                     |      |      |            |           |                       |          |
|      |            |     |                    |           |                     |      |      |            |           |                       |          |
|      |            |     |                    |           |                     |      |      |            |           |                       |          |
|      |            |     |                    |           |                     |      |      |            |           |                       |          |
|      |            |     |                    |           |                     |      |      |            |           |                       |          |
|      |            |     |                    |           |                     |      |      |            |           |                       |          |

| Name | Mobile | Coach | Referee | Jury | Corner<br>Judge | Poomsae<br>Judge |
|------|--------|-------|---------|------|-----------------|------------------|
|      |        |       |         |      |                 |                  |
|      |        |       |         |      |                 |                  |
|      |        |       |         |      |                 |                  |
|      |        |       |         |      |                 |                  |
|      |        |       |         |      |                 |                  |
|      |        |       |         |      |                 |                  |
|      |        |       |         |      |                 |                  |

Post to: Angela Caldwell, C/- NZ Couriers, PO Box 4031, New Plymouth 4340

Email to: [nptkdtournament@hotmail.com](mailto:nptkdtournament@hotmail.com)

# HAZARD CONTROL PLAN 1 - TOURNAMENT COMPETITION

|                                  |  |
|----------------------------------|--|
| <b>Hazard Description:</b>       | <b>Forceful direct contact with opposing player</b>  |
| <b>Details:</b>                  | A taekwondo tournament is a competition which is decided, within the rules, by direct physical contact and forceful physical collisions between contestants, and therefore competitors have an inherent risk of physical injury. |
| <b>Category:</b>                 | Physical   |
| <b>Date Hazard Identified:</b>   | 1 November 2004  |
| <b>Review Hazard Frequency:</b>  | Annual or after major accident or incident   |
| <b>Next review:</b>              | 1 November 2021  |
| <b>Hazard Location:</b>          | Tournament competition ring  |
| <b>People Exposed:</b>           | Tournament competitors   |
| <b>Other Relevant Documents:</b> | Current World Taekwondo Competition Rules  |
| <b>Possible Harm:</b>            | Sprain, strain, bruising, open wound, fracture, brain-damage, paralysis, death.  |
| <b>Hazard Significance:</b>      | Significant Hazard   |
| <b>Hazard Control Type:</b>      | Minimise   |

## Action Required

World Taekwondo rules attempt to minimise risk by:

- Specifying weight, age and grade requirements when matching competitors.
- Specifying protective equipment to be worn.
- Restricting the types of attack used and the target areas.
- Specifying procedures to punish or disqualify competitors who infringe.
- Specifying procedures to use in the event of an injury.
- Specifying procedures for referees and coaches to use if it becomes apparent that a competitor is at risk.

## Tournament Director

- Ensure the player draw is as evenly matched as possible.
- Impose additional rules if considered necessary (e.g. no head contact, mandatory mouth guards).
- Ensure procedures in place for competitors to receive appropriate medical attention if necessary.

## Referees

- Maintain control of contest ensuring competitors abide by the rules.
- Stop contest if necessary, as per competition rules and procedures.

## Coaches

- Ensure contestant has knowledge of the rules.
- Ensure competitor is sufficiently skilled and in physical condition to compete safely in their division.
- Withdraw contestant if necessary, before or during the contest as per competition rules and procedures.
- Ensure their competitors are aware of and understand this hazard.

## Competitors

- Wear protective equipment as specified in the rules and additional equipment if deemed necessary by Tournament Director (e.g. mouth guard).
- Abide by competition rules.
- Do not compete without doctor's approval if suffering from a medical condition which could be worsened by competing.
- Do not compete if you have received a head injury (e.g. concussion) within 30 days preceding the competition. As well as this stand-down period a medical clearance is required before competing again.

## Training Requirements

- Referees should complete appropriate training to the level where they are confident and knowledgeable to apply the rules as assessed by an experienced referee or trainer, and are sufficiently competent through training and experience to control the level of match they are officiating.
- Referees are required to undergo regular training to refresh their skills and knowledge of current rules, signals and procedures.
- Coaches preferably should have sufficient experience to identify if their competitor is at risk and/or hold a recognized coaching qualification (e.g. CNZ Level 1 or above).

## Responsibility/Monitoring of Controls

- It is the responsibility of officials, coaches and competitors to make competing as safe as reasonably possible by taking all practical steps to comply with competition rules and procedures and this control.

## HAZARD CONTROL PLAN 2 - TOURNAMENT ATTENDANCE

|                                  |   |
|----------------------------------|---|
| <b>Hazard Description:</b>       | <b>Transmission of infection via blood or body fluids</b>   |
| <b>Details:</b>                  | Some infections can be transmitted via body fluids such as saliva, sweat or blood. Sharing of personal items such as drink bottles, or impact injuries such as cuts, a bleeding nose or bleeding from mouth means should a contestant have a transmittable infection e.g. Hepatitis B or HIV, it has the potential to be transmitted to another person. |
| <b>Category:</b>                 | Physical  |
| <b>Date Hazard Identified:</b>   | 1 November 2017   |
| <b>Review Hazard Frequency:</b>  | Annual or after major accident or incident  |
| <b>Next review:</b>              | 1 November 2021   |
| <b>Hazard Location:</b>          | Tournament venue and travel, competition ring   |
| <b>People Exposed:</b>           | Tournament competitors, coaches and referees  |
| <b>Other Relevant Documents:</b> | Current World Taekwondo Competition Rules   |
| <b>Possible Harm:</b>            | Illness or death  |
| <b>Hazard Significance:</b>      | Significant Hazard  |
| <b>Hazard Control Type:</b>      | Minimise  |

### Action Required

World Taekwondo rules attempt to minimise risk by:

- Restricting the types of attack used.
- Specifying procedures to use in the event of an injury.
- Specifying procedures for referees and coaches to use if it becomes apparent that a competitor should not continue because they cannot stop the bleeding.

### Tournament Director

- Impose additional rules if considered necessary (e.g. no head contact, mandatory mouth guards).
- Ensure procedures in place for competitors to receive appropriate medical attention if necessary.
- Supply gloves for use by officials.

### Referees

- Maintain control of contest ensuring competitors abide by the rules.
- Stop contest if necessary, as per competition rules and procedures.
- Use provided gloves if dealing with a bleeding competitor.

### Coaches

- Ensure their competitors are aware of and understand this hazard.
- Ensure each competitor has their own drink bottle and towel.

### Competitors

- Wear protective equipment as specified.
- Ensure finger and toe nails are cut short.
- Remove jewellery.
- Supply own drink bottle and towel.
- Abide by competition rules.
- Not compete without clearance from Tournament Director if they are aware they have a serious transmittable illness.

### Training Requirements

- Referees should complete appropriate training to the level where they are confident and knowledgeable to apply the rules pertaining to an injured competitor.

### Responsibility/Monitoring of Controls

- It is the responsibility of officials, coaches and competitors to make competing as safe as reasonably possible by taking all practical steps to comply with competition rules and procedures and this control.

### Privacy

- Any disclosures to the Tournament director by a competitor about their medical condition will be dealt with in accordance with the Privacy Act 1993 and will only be disclosed to first aid personnel if deemed appropriate.