

Poomsae Report 2018 – 2019

As per my previous Poomsae report presented at the Instructors Camp earlier this year, the current structure of the Poomsae Squads are no longer financially plausible for the Union or the Poomsae Squad Directors. Currently we are not gaining any new members to these squads, and the travel costs outweigh the fees that are given by the students to cover the squad trainings all year in each of the four regions.

In two regions, the Poomsae Directors are having to constantly repeat session plans as the students are not practising within the six week gap between squad trainings, therefore are having to reiterate and repeat the sessions before they can move on to the next session plan. This is causing issues for the higher belt levels as they can not progress and are not finding the trainings to be helpful in their development.

A new proposal was made this year for 2019 Poomsae Seminars to enhance the training structure and provide more development for all belt levels, and skill levels. This proposal was to look something along these lines:

- 4-6 Seminars Rotated in 4-6 Regions
 - South Island**
 - Session One – Blenheim
 - Session Two – Christchurch
 - Session Three – Dunedin
 - North Island**
 - Session One – Wellington
 - Session Two – Palmerston North or New Plymouth
 - Session Three – Tauranga

You can attend as many as you would like and in any Island
- Every 3-4 months
 - 3 sessions per Island
 - Duration 2 days* (weekend seminar/squad)
 - *Alternatively duration can be one day (8 hours)
- Minimum of TWO directors every seminar to enhance development for all levels
 - Each director needs to teach 2 of the weekend sessions, one not in their region
- Lesson Plans:
 - Will cater to all levels, however there will be TWO directors minimum so the class can be divided when needed
 - More than one Poomsae taught per session
 - More in depth content
 - Teach World Rules for competition and how to Judge properly
 - Proper warm downs as well as strength & conditioning drills

Going forward the Poomsae Seminars are to be less frequent however longer duration and held in a seminar format rather than a 4 hour training session “Squad training.” This way people can attend as many as they like paying per seminar rather than an annual payment. Given it will be a rotating

roster in different regions, this will cater to more clubs and be more convenient for travel for some clubs who generally always miss out. If people would like to attend more than one, they can travel to other regions and make a weekend of it as it would be a seminar duration not a small training duration as said before and will be worth the travel costs.

This is just a brief overview of the Proposal that was put in place this January to the Executive Committee. Due to the Regional Directors moving on with other life events, we are no longer able to run the current Poomsae Squads every six weeks in the four regions as well as financial costs, hence the squad trainings being ceased this year.

As of February 2019 the Poomsae Squads have been disestablished, and moving forward the proposal above will be named TUNZ Poomsae Seminars, not Poomsae Squads. Once the High Performance trainings for NZETKD are placed in the calendar, we can get the ball rolling with the TUNZ Poomsae Seminar weekends and create dates in the TUNZ Calendar.

We appreciate your patience during the reconstruction of Poomsae within the Union and thank you for your cooperation.

Kind regards,

Samantha Price
National Poomsae Director TUNZ